



26TH OCTOBER 2026 | VOL. 30

QUINNIE NEWS



WWW.QUINALOWSS.EQ.EDU.AU



admin@quinalowss.eq.edu.au



QuinalowSS



07 4692 9333



5-7 PROGRESS ST, QUINALOW



QuinalowSS1901

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ASPIRING LEADERS



FROM THE PRINCIPAL

Dear Parents, Carers and Students,
What an afternoon, thank you to all the grandparents who attended our celebration of grandparents. Grandparents are integral to our students upbringing and like we always say, "It takes a village to raise a child".

Congratulations to all students who gave their leadership speech this morning for consideration in a leadership role in 2027. These positions will be announced on Awards Day.

Coming up on the 19th November is our school's Appreciation Day. On this day we give our thanks to everyone who has contributed in some way to our school in 2026. There will be lots of thanks given with some certificates, and as we say thanks we would like for you to enjoy an afternoon tea on us. Everyone is welcome to attend. Please RSVP for catering purposes.

Just a reminder that this Thursday at 3pm in the staff room parents are welcome to join me to discuss the school opinion results with particular focus on behaviour and what parents would like to see in 2027. Please RSVP by Wednesday for catering. All are welcome to attend.

Breakfast club will no longer be held on a Wednesday, it will be moving to a Friday from this week onwards.

Until next week,
Trish
Principal

PBL – WEEK 4 ALWAYS RESILIENT

I look for solutions to problems.

HOMEWORK CENTRE

Homework Centre is every Monday,
Wednesday & Thursday between 2:50-
3:50pm.

BREAKFAST CLUB

Breakfast club is on every Tuesday,
Thursday and Friday from **8:15** -
8:35am.

QUINNIE WEEKLY



WEEK 4, TERM 4
26 OCT 2026

Monday

- Parade
- Jeans for Ag - PREP & YR 1
- Sports Shirts - YR 1
- Instrumental Music
- Homework Club
- Leadership Speeches
- Grandparents Day

Tuesday

- Breakfast club - 8:15-8:35am
- Sport Shirts - YR 5/6
- Jeans for Ag - YR 2/3
- Free Lunch - Ham & Cheese Toasties-1st break

Wednesday

- Breakfast Club - 8:15 - 8:35am
- Sports Shirts - YR 2/3, 7/8 & 9/10
- Jeans for Ag - YR 4
- Homework Club

Thursday

- Breakfast club - 8:15-8:35am
- Sports Shirt - PREP
- Jeans for Ag - YR 7/8
- Homework Club
- Cricket at Lunch
- Tuckshop

Friday

- Free Lunch - Jelly Slice & Fruit-2nd Break
- Sports Shirts - YR 4
- Jeans for Ag - YR 5/6
- Day for Daniel
- World Teacher's Day

Reminders

PBL

Always Resilient

I look for solutions to problems.



TUCKSHOP NEWS

This week's special is Chocolate Milkshakes.

SML - \$2 LGE - \$3

Reminder QKR orders close on Tuesdays at 8pm. Paper orders are welcome on Thursday morning by 9am.

UNIFORM CLEARANCE

Limited sizes of old style shorts available.

Microfibre - sizes 6, 14, 16 & Small

Gaberdine - sizes 8 & 10

ONLY \$5

Please check availability before ordering.

STUDENT OF THE WEEK



PREP TRANSITION DAYS

2026

TERM 4

1st December 2026

TIME: 1:30 - 2:50PM

WHERE: Quinalow School

Parents to stay with children.

Enrolment packs will be available.

RSVP on 07 4692 9333 or email admin@quinalowss.eq.edu.au

“NO BOUNDARIES, ENDLESS OPPORTUNITIES”

LEADER IN ME

THINK WIN-WIN®

Everyone can win.

- I look for solutions to problems.
- I consider the feelings and needs of others.
- I am kind and cooperative when I work with others.

Habit

4

Habit 4 - Think Win-Win



You are invited to...

QUINALOW STATE SCHOOL

APPRECIATION DAY CELEBRATIONS

JOIN US FOR AFTERNOON TEA
19TH NOVEMBER 2026
1:30PM - 2:50PM

To thank and celebrate all the school staff, volunteers & community groups that have contributed to our school throughout 2026!

RSVP: 13TH NOVEMBER
PH: 4692 9333
ADMIN@QUINALOWSS@EQ.EDU.AU

SCHOOL DATE CLAIMERS

Date	Event	Additional Information
Friday, 30 th October	Day for Daniel	
4 th - 6 th November	School Camp	Year 6 & Year 10
Thursday, 5 th November	Year 5 Excursion	
Thursday, 12 th November	Quiz Worx - Prep - Yr6 - RI Students	10:15am-10:45am
Thursday, 12 th November	Nutcracker	Leaving school 11:30 Empire Theatre
Thursday, 19 th November	Appreciation Day 1:30-3pm	
Thursday, 26 th November	Performance Night	
Friday, 27 th November	Awards Day from 9am	Quinalow Hall
Friday, 27 th November	Year 10 Graduation	At school from 11:30am
Tuesday, 1 st December	Prep Transition Afternoon	1:30pm – 2:50pm
Monday, 30 th November	Swimming Carnival	9-16 years
Thursday, 3 rd December	PBL Excursion	
Friday, 4 th December	Swimming Carnival	5-8 years
Wednesday, 9 th December	Report Cards & Year 6 Graduation	

COMMUNITY NEWS

To have items included in the newsletter they must be received by Friday Morning. Please email cryan398@eq.edu.au or forward to the school. Please note that business advertisements included in this newsletter are provided for community information only and do not represent an endorsement or recommendation by the school.

PROUDLY SUPPORTING QUINALOW SCHOOL

NAC
NEW ACLAND COAL

TOOWOOMBA REGION
Rich traditions. Bold ambitions.

CAMM
AGRICULTURAL GROUP

QUINALOW CRICKET CLUB JUNIOR CRICKET

Calling all boys and girls aged 5-15 years!

Come along and have some fun, learn new skills and enjoy cricket with your friends.

TUESDAY AFTERNOONS
3:30PM - 5:00PM
AGES 5-15 YEARS

Whether you're new to cricket or already love the game, everyone is welcome to come along.

WHAT TO BRING
Hat | Water bottle

COMMENCING 6TH OCTOBER 2026

NEW PLAYERS WELCOME!

For more information, contact Peter:
0487 644 361

COME AND GIVE CRICKET A GO!

2027 ENROL NOW

KINDY ENROLMENT

Our experienced teachers encourage curiosity, independence and life long social and learning skills through play and exploration.

PROGRAM FEATURES:

- Developmentally appropriate curriculum
- Play-based learning
- Outdoor play
- C&K Affiliated

ENROLL NOW

(07) 4692 1206 | maclagankindy@hotmail.com

Kindergarten | Queensland Government

First Minutes Matter

When minutes matter, are you prepared?

FREE emergency trauma training in your region with LifeFlight

Survival starts on the ground. It's about knowing what to do while emergency services, like LifeFlight, are on the way. Our emergency trauma training gives you practical skills to manage life-threatening events. Arming yourself with these skills and vital knowledge is the best protection you can offer your loved ones and community.

What you will learn, could save a life. For more information, call 1800 630 014 or visit firstminutesmatter.org.au

Workshops cover:

- Personal, Road & Aircraft Safety
- Burns
- Bleeding
- Snake Bites
- Choking & Anaphylaxis
- Strokes, Seizures & Febrile Convulsions
- CPR & AEDs
- Emergency Equipment
- Wellbeing

Upcoming FREE in-person workshops:
Maclagan Memorial Hall
Date: Saturday 7th November 2026
Time: 10.00am - 2.00pm

Register here

LifeFlight

Darling Downs Health

Mobile Women's Health Service

Providing women living in regional, rural, and remote Darling Downs access to holistic preventative healthcare including:

- Cervical screening
- Breast awareness
- Contraception and family planning
- Relationship concerns, including domestic violence and sexual assault
- Healthy lifestyles
- Sexual health screening and referral
- LBRIQA
- Quit smoking
- Menopause and hormone replacement

Western Downs
Upcoming clinics will be held at the following locations Phone for available times

7 October Goondwindi Hospital phone 07 4578 2400	15 October Chinchilla Hospital phone 07 4662 8888	22 October Miles Hospital phone 07 4628 5600
9 October Jandowae Multipurpose Health Service phone 07 4668 4555	16 October Ingelwood Multipurpose Health Service phone 07 4652 0777	27 October Wandoo Outpatients Clinics phone 07 4662 4444
10 October Miles Hospital phone 07 4628 5600	20 October Tara Hospital phone 07 4678 7900	29 October Chinchilla Hospital phone 07 4662 8888
14 October Mildura Hospital phone 07 4695 3111	21 October Dalby Hospital phone 07 4669 0512	30 October Dalby Hospital phone 07 4669 0512

Dalby Cricket Blast!

When: Friday Afternoons
Dates: Starts October 16
Where: Dalby Cricket Ground
Time: 5pm - 6pm
Price: \$80 (Full Season)
Includes Cricket Blast Pack!
Register now!

Why Cricket Blast?

- Perfect for beginners
- Safe, modified equipment
- Mini games make learning cricket fun!

playcricket.com.au | petsjwhittle@gmail.com

<https://www.playhq.com/cricket-australia/register/152a65>

Cub Care
URGENT PAEDIATRIC CONSULTS

Free Emergency Department Alternative for Kids in the Darling Downs
4-10pm, 7 Days a Week

We are a virtual kids emergency service run by paediatric emergency doctors. Access: We can even provide scripts, pathology requests and imaging requests.

You can help!

- From 4 to 10 years
- Symptoms: Coughs, colds, sore throats, ear pain, stomach pain, rashes, etc.
- Many more!

No, please seek alternative care:

- Child needs immediate life support
- Neural health concerns
- Issues that can wait and be seen by your regular GP
- Conditions requiring long term follow up (asthma, ADHD, behavioural issues)

To request a video consultation, or for more information simply visit the website or call our friendly team

ddkids.com.au
1800 519 552

Use LESS Diesel/Petrol with Anti Friction Metal Treatment- SMT2

Reducing Fuel usage up to 21%

Ask Noel about Obligation Free Demonstration

0420 646 639

PRESENTED BY ABCANCE

HALLOWEEN HAUNTED MAZES

Oakey State High School
1 CAMPBELL ST Oakey

HALLOWEENTOWN | **QUARANTINE** | **SLAUGHTERHOUSE**

ALL AGES FAMILY FRIENDLY

REC. 12+ | **REC. 15+**

HALLOWEEN FUN FOR THE WHOLE FAMILY
SATURDAY 31ST OF OCTOBER 2026
4:00PM - 9:30PM

KIDS ZONE 4:00PM - 6:00PM
COSTUME PARADE 6:00PM
SCARE ZONE 6:30PM - 9:30PM

3 MAZES, 3 LEVELS OF SCARES
\$20 EACH OR 3 FOR \$45

FREE EVENT ENTRY

PROUDLY SPONSORED BY
The Oakey Pharmacy

ART EXHIBITION

Featuring local artist LISA BRANDT
realism oil painter

Together with local pastel & pencil artist JENNY BALLON

And Maclagan Men shed display

October 31st - 1st November
10am-4pm
Maclagan Hall
Free entry
Purchases available

Virtual Emergency Care Service

Timely, expert emergency care wherever you are in Queensland.

About us - What is VECs?
Virtual Emergency Care Service (VECS) is a safe way to get Emergency care from home by video (or phone) for your illness or injury. You will speak with an experienced emergency nurse or doctor from Queensland Health. They will listen to you, check your symptoms, and decide the next steps in your care.

What we can help with
Our team of Emergency Q&A Health professionals will make sure you get the care you need. Where required we can:

- prescribe medicine
- refer you for x-rays or blood tests
- arrange a follow-up or referral.

If the team think you need to see a doctor in person, they'll link you with the best option.

Free for everyone
Available to all Queensland residents and visitors.

Care from home
Speak with a Queensland health emergency nurse or doctor by video or phone.

Fast, trusted advice
Experienced clinicians assess your symptoms and guide your next steps.

Connected care
Prescriptions, tests, referrals, or in-person care arranged if needed.

Open 24/7, 7 days a week

Know VECs is right for you? Scan this QR code or access Service Finder

Find out more about the Virtual Emergency Care Service

What happens when I choose 'VECS'?

- Check your symptoms**
Complete a short 3-4 minute questionnaire that asks a few simple questions to help determine if VECs is right for you. It won't tell you what illness you have, but it will guide you to the best place to get care.
- VECS Recommended**
You've completed the questionnaire. Symptom Checker and have recommended VECs - Click "Access now."
- Complete your details**
Now we know your symptoms, you'll be asked to complete a short registration form. It only takes about 2 minutes.
- Join the VECs waiting room**
Once registered, you'll see a 5-digit code by SMS or email. Enter the code to continue into the virtual waiting room.
- Speak with an Emergency nurse**
You will be greeted by an experienced VECs triage nurse who will discuss your symptoms with you and guide you through next steps.
- Talk with an Emergency Doctor**
If needed, you will speak with an experienced VECs Emergency doctor. They will provide you with medical advice that may include sending you a prescription, test requests or linking you with local services.

Emergency care, delivered by experienced emergency nurses and doctors.